

# JUNIPER POST

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## High Definition QuickTime Specs for

### Continuous Video / Long Play Projects

1. We require a QuickTime video- 1920x1080. If you are uploading, please upload H264, if you are dropping off a drive, Apple ProRes LT. It must *not* be HQ.  
  
IF YOU ARE UPLOADING AN H264, DO NOT CREATE AN MP4. YOU MUST SELECT QUICKTIME MOVIE, DROP DOWN MENU (H264).
2. The QuickTime video you make must match your timeline's time code which is generally 23.976 FPS time code. For PAL shows the video should be 25 FPS time code. If your project is set up with 29.97 or true 24 time code, please contact us before you start outputting your videos.
3. The Quicktime file must begin at 00:59:30:00. The 2-pop must be at exactly 2 seconds before the hour (00:59:58:00). The first frame of picture must be at 01:00:00:00. If your editing timeline does not reflect the above specs, please adjust it before making any outputs.
4. The video must contain an embedded audio scratch track, preferably with isolated dialogue on one channel, and sound effects and music on the other channel.
5. Please ensure your composer receives video identical to what you're giving Juniper in terms of the picture edit and time code format.
6. Place a small window burn of the show's visible time code near the upper left hand corner.
7. **Please name the files "(Project Name) JP date"**

Call Juniper Post with any questions at (818) 841-1244 ext. 2.